SOMERLEYTON PRIMARY SCHOOL

Somerleyton, Lowestoft, Suffolk, NR32 5PT
Telephone: 01502 730503
Email admin@somerleytonprimary.co.uk
Headteacher: Mr O Clifford

Changing Me – PSHE Lessons for Class 3

Dear parents and carers

This Friday, Mrs Butler and I will be delivering a series of lessons for Class 3 on 'Changing Me' focused on the changing nature of bodies, relationships and feelings. These lessons will deliver the statutory content as defined in the Department for Education's National Curriculum for Science and the guidance for Relationships, Sex and Health Education as per our Personal, Social and Health Education Policy including:

- Self-image and body image
- Changes experienced in puberty for boys and girls
- Sexual intercourse and conception

These lessons will be taught to both boys and girls together – with follow-up sessions in single-sex groups to allow for questions that children may not want to ask in front of their whole peer group. All questions will be answered in a factual and sensitive way, however on occasion some questions may be best suited to be answered by parents. Do let us know if you have any questions.

Best regards

Mr O Clifford

Headteacher